#### ANNUAL GENERAL MEETING



# Canadian Professional Association for Transgender Health

November 7, 2016

9pm Newfoundland // 8:30pm Atlantic // 7:30pm Eastern // 6:30pm Central // 5:30pm Mountain // 4:30pm Pacific

# Opening of Meeting

Welcome: Outgoing President Devon MacFarlane.

- Nicole Nussbaum appointed as chair.
- Confirmation of quorum and called to order at 7:42pm CT.

See last slide for list of attendees.

#### **AGENDA**

- ☐ Brief overview of CPATH
- President's Report and Strategic Plan Update
- Incoming President's Remarks
- Financial Report
- Annual Membership Dues
- Election of new Board of Directors
- Committee Reports
- Other Business
- Adjournment

Motion to approve the agenda by Gail, 2<sup>nd</sup> by Mary. Carried.

# The Canadian Professional Association for Transgender Health

#### Vision:

A Canada without barriers to the health, well-being and self-actualization of trans and gender diverse people.

#### **About CPATH**

- Young organization
- Purely volunteer driven to date
- Funded primarily by membership fees, occasional grants
  - Conferences funded by sponsorships, registrations, advertising
- Developed most recent Strategic Plan for 2013-2018
  - Informed by Consultations on Success at 2012 conference

#### Consultations on Success

#### Inquiry question:

"What strategies will enhance CPATH's ability to be a highly successful organization?"

- 27 participants
  - 12 trans-identified, 13 cis-identified, 2 skipped question
  - 18 members of regulated professions, 5 other service provider, 2 students, 2 marked "other"

### **Definition of Success**

#### Theme 1:

CPATH contributes to improved health outcomes for the full diversity of trans people

- Improving ability to provide competent care across the country
- Improving ease of locating competent providers across the country
- Developing standards and best practices for care in the Canadian context
- Addressing determinants of health

#### Definition of Success con't

#### Theme 2:

CPATH is a strong organization

- Revitalizing the governance model
- Being credible and visible
- Involving members in CPATH initiatives
- Broadening the diversity of members in CPATH
- Providing opportunities for members to network and build collegial relationships
- Securing sufficient resources to support the work

#### Definition of Success con't

#### Theme 3:

CPATH has positive and constructive relationships with trans communities

Developing dialogue between providers and trans communities

# President's Report Devon MacFarlane

- Exciting times for CPATH
  - Our 2013-2018 Strategic Plan has provided direction and a framework for advancing our mission
  - 2015-16 Board focus: continued development of CPATH's capacity, alongside organizing the Conference
  - Strong committees:
    - Communications, Conference, Education, Policy, Research, Translation
    - Ad-hoc Board working groups
  - Launching the Community of Practice

#### Strategy 1:

Educate professionals and enable knowledge exchange to develop and promote best practice

- Launch of Community of Practice
  - Contract coordinator hired
  - Monthly teleconferences begun
    - Two held to date
- Education committee in place
- CPATH representatives on WPATH's Global Education Initiatives committee
- Planning underway for 2017 conference and preconference training

#### Strategy 2:

Facilitate networks and foster supportive environments for professionals working with and for trans communities

- Community of Practice
- Committees offer points of connection
- Conference is primary means for professionals from across the country to meet face to face

#### Strategy 3:

Encourage multidisciplinary research that will advance the health and wellbeing of trans people

#### Progress:

 Research Committee working on national ethics standards for research involving trans people

#### Strategy 4:

Advocate for institutional, policy and legislative change utilizing our collective knowledge & expertise

- Documents prepared for CPATH members / supporters to use in advocacy work
- Range of presentations made and letters sent as part of advocacy efforts

#### Strategy 5:

Address the population and geographic diversity of Canada in all that we do

- Decision to "Take steps to Indigenize and decolonize the Conference"
- Continued translation committee
- Strengthening relationships with regional networks

#### Strategy 6:

Build CPATH's organizational capacity to realize its mission

- Financial sustainability:
  - Preparation to bring on a Development Consultant
- Board Capacity:
  - Maintained size of the Board; increasing size of Board for next year
- Policy committee

### Strategy 6: Continued

- Communications:
  - Maintained changes from previous year re increasing frequency of communications with membership
  - Beginning website revamp
- Mobilizing membership
  - Communicated range of opportunities to become involved in CPATH
  - Revitalized committees
- Strategic relationships
  - Invitation from WPATH to consider formalizing a relationship

#### **Looking Forward**

#### Areas of work for next year:

- Continue and sustain the Community of Practice
- Bring on a contracted Fund Development
   Consultant
- Hosting CPATH conference in Vancouver

#### Motion

... to accept the Report of the President as presented.

Moved by Brandy, 2<sup>nd</sup> Renee. Carried.

## Incoming President's Remarks

## Dr. Adrian Edgar (NB)

- Happy about the diversity of the incoming Board.
- Excited about the community of practice especially looking at how to incorporating gender-diverse folks.
- One of the major upcoming priorities for CPATH: advocating for gender-affirming care for children and youth.
- Yes to indigenizing and decolonizing the conference. Vancouver conference organizing will be a great way for us to get better at that.
- Salute Nicole Nussbaum, former President, who will be taking a break from the Board. She has made—and will continue to make—massive contributions to the organization.

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# Treasurer's Report Kate Shewan CPA, CGA

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#### The Canadian Professional Association for Transgender Health

#### **Statement of Operations**

#### For the year ended December 31, 2015

#### Unaudited

	2015	2014	2013
REVENUES			
Conference Grants / sponsorship	32,950		
Conference Registration Fee	74,956		
Memberships	11,650	5,380	5,397
Fundraising			110
Total Revenue	119,556	5,380	5,507
EXPENSES			
Conference costs	74,926	-	-
Meetings	425	711	4,045
Website and Internet	2,205	2,560	1,713
Telecommunications	1,816	1,108	1,249
Bank and Credit Card charges	354	428	421
Membership System	1,109	626	646
Consulting Fees	253	-	6,228
Office	75	235	65
Total Expenses	81,163	5,668	14,366
Excess (Deficiency) of Revenue over Expenses	\$ 38,393	\$ (288)	\$ (8,859)

# The Canadian Professional Association for Transgender Health Statement of Financial Position As at December 31 2015.

#### Unaudited

	2015	2014	2013
Bank	\$ 62,485	\$ 8,869	\$ 8,106
Accounts receivable	726	\$ 6,609	у 8,100
Less accounts payable	(2,000)	(1,051)	
Less deferred revenue (Community of Practice)	(15,000)		
Net Assets	46,211	7,818	8,106
Members Funds			
Members Funds, opening	\$ 7,818	\$ 8,106	\$ 16,965
Excess (Deficiency) of Revenue over Expenses	\$ 38,393	\$ (288)	\$ (8,859)
Members Funds, closing	\$ 46,211	\$ 7,818	\$ 8,106

# The Canadian Professional Association for Transgender Health Statement of Operations - Unaudited Current Year Update. For the Nine Months ended September 30, 2016 and 12 months ended Dec. 31 2015 and 2014

	9 Months	12 Months	12 Months
	To Sep 2016	2015	2014
REVENUES			
Conference Grants / sponsorship	-	32,950	
Registration Fee	-	74,956	
Memberships	6,185	11,650	5,380
Fundraising			
Total Revenue	6,185	119,556	5,380
EXPENSES			
Conference costs	17,890	75,280	_
Less Prepaid Conference costs	- 17,890	75,255	
Meetings	631	425	711
Website and Internet	938	2,205	2,560
Telecommunications	1,259	1,816	1,108
Bank and Credit Card charges	316	-	428
Membership System	465	1,109	626
Consulting Fees		253	-
Promotion	822		
Office		75	235
Total Expenses	4,431	81,163	5,668
	_	_	
Excess (Deficiency) of Revenue over Expenses	\$ 1,754	\$ 38,393	\$ (288)

# The Canadian Professional Association for Transgender Health Statement of Financial Position As at September 30, 2016 and December 31, 2014 and 2015

		Sept. 30	Dec. 31		[	Dec. 31
	2016		2015		2014	
Bank	\$	43,366	\$ 62,485		\$	8,869
Accounts Receivable	\$	1,709	\$ 726			
Prepaid Expenses (2017 Conference prepaid)	\$	17,890				
Less accounts payable			(2,000)			(1,051)
Less deferred revenue (Community of Practice)		(15,000)	(15,000)			
Net Assets		47,965	46,211			7,818
Members Funds						
Members Funds, opening	\$	46,211	\$ 7,818		\$	8,106
Excess (Deficiency) of Revenue over Expenses	\$	1,754	\$ 38,393		\$	(288)
Members Funds, closing	\$	47,965	\$ 46,211		\$	7,818

#### Motion

... to accept the Report of the Treasurer and the 2015 Financial Statement as presented.

Moved by Elizabeth, 2<sup>nd</sup> Fiona. Carried.

## Membership Dues

# Responding to a request from the 2015 AGM

Request from the floor that the CPATH Board of Directors explore alternatives to the current calendar-year memberships, which causes frustration to individuals who purchase memberships at the conference, only to have them expire 2.5 months later.

We did it! Membership years are now 12 months from the date of signing up.

# 2017 Membership Dues

Membership category	Fees	Vote	Access to Community of Practice	Regular updates	Member rate for conference registration
Physician	\$150	<b>✓</b>	✓	<b>✓</b>	✓
Other professions	\$65	✓	✓	<b>✓</b>	✓
Supporters	\$35		✓	<b>✓</b>	✓
Students	\$25		✓	✓	✓
Voting Organization (5 people)	\$175	1	<b>√</b>	<b>√</b>	✓
Group membership (5 people)	\$175	<b>✓</b>	<b>✓</b>	<b>✓</b>	✓
Emeritus	\$25	<b>✓</b>	✓	✓	✓
Honourary Member	N/A		✓	<b>✓</b>	✓

# Expanded Benefits Package

Expanded Benefits Packages	Cost	Name listed in Annual Report	Complimentary Ticket to Gala at Conference	Quarterly teleconference with CPATH President	Complimentary conference and pre-conference registration	Name listed on Website
Praxis	\$250	✓	1			
Praxis Plus	\$500	✓	1	✓		
Praxis Premium	\$1,250	✓	2	✓	✓	✓

#### Motion

... to approve the Membership Dues for the 2017 year.

Moved Françoise, 2<sup>nd</sup> Devon. Carried.

#### Election of new Board of Directors

Board maximum is 15 members.

#### BOD members continuing in their terms:

- Adrian Edgar (NB) (president)
- Devon MacFarlane (ON) (past-president)
- Craig Ross (MB) (secretary)
- Elizabeth Saewyc (BC) (member-at-large)

- 2 more years
- 1 more year
- 1 more year
- 1 more year

#### Election of new Board of Directors

The following are nominated:

☐ President-elect: Renee Ryan (NL)	3-year term
☐ Treasurer: Kate Shewan (NS)	1 year
☐ Members-at-Large:	
☐ Joey Bonifacio (ON)	2 years
■ Mary Wilson (MB)	2 years
☐ Amelia Thorpe-Gosley (NB)	2 years
□ Brandy Wicklow (MB)	1 year
☐ Leane Bettin (SK)	2 years
☐ Kira Abelsohn (AB)	2 years
■ Melinda Fowler (MB)	1 year
☐ Annie Sbrocchi (QC)	1 year
☐ Jake Pyne (ON)	1 year

#### Motion

... to accept the new slate of officers as presented by the Nominations Committee.

Moved Devon, 2<sup>nd</sup> Adrian. Carried.

# Committee Reports

### Conference Committee Report

- Conference shaped by learnings from previous conference
  - Decision to have as one of the conference objectives,
     "Take steps to Indigenize and de-colonize the conference"
- Planning committee includes participants from across
   Canada
- Conference organizer (part-time contract position) in place
- Progress to date:
  - Save the Date released
  - Call for Proposals released
  - Sponsorship prospectus completed; outreach underway
    - \$10,000 secured to date

### **Advocacy Committee Report**

Most advocacy work: wrote letter to NB re: surgery funding.

ON: Consultations with ministry of gov't services, re: identification (drivers licenses and health cards).

Upcoming intervention in court case re: college of surgeons of ON, sued by religious docs organizations to challenge their policies around active referral for drs who refuse to provide care for conscience or religious grounds.

Support to bill c-16 re: human rights act.

Regulation change to decentralize approval, from CAMH to providers meeting WPATH SOC standards.

## **Translation Committee Report**

Thanks to our two amazing translators: Hélène Frohard-Dourlent and Denis-Daniel Boullé.

We need more English-to-French translators. Please contact <a href="mailto:info@cpath.ca">info@cpath.ca</a> if you can help!

### **Translation Committee Report**

# Responding to a request from the 2015 AGM

The Translation Committee is asked to explore a multi-lingual (beyond French) welcome on the website/other materials. -- hopefully by 2017

# **Translation Committee Report**

# Motion responding to a request from the 2015 AGM

... to approve Association professionnelle canadienne pour la santé transgenre as the French name of CPATH. Moved Annie, 2<sup>nd</sup> Elizabeth.

### Community of Practice Launch

September 28, 2016 via Teleconference Reproductive Options for Trans Youth

Speakers: Dr. Beth Taylor (Vancouver, BC)
Dr. Susan Sanderson (Saint John, NB)
Nicole Naussbaum (London, ON)
Rachel Lavigne (Fredericton, NB)

# Community of Practice Committee Report Second Panel Teleconference

October 25, 2016 via Teleconference Making Your Practice Trans Inclusive

Speakers: Lorraine Grieves (Vancouver, BC)

Kerry Layton (Prince George, BC)

barbara findlay (Vancouver, BC)

Dr. Erin Fredericks (Fredericton, NB)

60 registered 43 participated

### Third Teleconference

Scheduled for November 23, 2016

Topic will be Gender within Indigenous Communities

### What Keeps Resurfacing

- 1. Solutions to make services more accessible to those outside major urban areas.
  - Need to educate more practitioners in all health fields on issues relating to gender identity.
- 3. Practitioners want an easy way to connect with each other.

#### **Future Plans**

- An additional 4 open group meetings (November, January, February, March)
  - Expand the core group.
- Use the survey results to decide future initiatives and create a sustainability plan.

## Research Committee Report

Draft guidelines for ethical research with trans communities. Presented at WPATH conference. Got feedback and now preparing a clean draft.

# Communications Committee Report

#### This year:

- Increased our capacity to send out regular MailChimp newsletters in both English and French
- Began the revamp of the CPATH website (coming soon!)
- Began discussing a 'communications strategy' for CPATH

# Policy Committee Report

#### This year, developed policies for:

- Fundraising Policy
- Finance Policy

### **Upcoming:**

- Conflict of Interest Policy
- Student Placement Policy
- Online 'Policy Manual' on the new website

### **Education Committee**

Chair: Francoise Susset

Recorder: Amelia Thorpe

Provide targeted education through a variety of mechanisms, Build partnerships with relevant professional colleges, accrediting and registration bodies as well as professional schools and training programs to incorporate trans competency content into pre and post-licensure curricula

### **Education Committee**

# Full committee meetings

- October 4th, 2015
- November 30<sup>th</sup>, 2015
- January 11th, 2016
- February 22nd 2016
- September 19<sup>th</sup> 2016

# Education Committee Terms of reference adopted February 2016 Goals:

- To embed content in Canadian curricula standards for students and trainees in health disciplines and other professional disciplines that impact determinants of health
- To identify core competencies related to trans health common to all concerned disciplines and specific to each discipline.
- to address continuing education needs of professionals in disciplines that impact determinants of health

# Education Committee Subcommittee working groups

- Medicine (Fiona Smith)
- Education (Amelia Thorpe)
- Global Mental Health (Reece Malone)
- Continuing Education(Julia Temple Newhook)
- Law (Françoise Susset)

In early stages of development, to reconvene in larger group in January 2017

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### Motion

... to approve all the Committee reports as presented.

Moved Devon, 2<sup>nd</sup> Gail. Carried.

# Other Items from the Membership?

- Monitoring of info@cpath.ca. Once some Committee
  duties have been given away, the Secretary can be the
  default 'responder,' with the rest of the Exec having
  access to the emails in case of time-sensitive issues.
- The first meeting of the new BOD will be Nov. 21.
- Thank you again to Nicole and Fiona for their service on the previous Board!
- Renee, our President-Elect, is excited to be on Board (and we are excited to welcome her).
- Gail brings greetings and well-wishes on behalf of WPATH.

# Thank you!!

Moved to adjourn at 8:03pm CT, by Elizabeth, 2<sup>nd</sup> Françoise. Carried.

### **List of Attendees**

Melinda Fowler Fiona Smith Françoise Susset Devon MacFarlane Amelia Thorpe-Gossley N. Nicole Nussbaum Adrian Edgar Annie Sbrocchi Elizabeth Saewyc **Brandy Wicklow** 

Mary Wilson

Gail Knutson Leane Bettin Kira Abelsohn Craig Ross Stel Raven Kate Shewan Rob Sinnott Renee Ryan Julie Temple-Newhook Joey Bonifacio