

Provincial Updates 2012 – Newfoundland & Labrador – Rob Sinnott

August 31, 2012

1. The information you provide pertains to which province or territory?

Province or territory

Please select

NL

2. Indicate today's date

Month

Day

Year

Please select

August

31

2012

3. First and last name

Rob Sinnott

4. Trans-related affiliation (e.g.: GP serving the trans communities, civil rights advocate or lawyer, social worker, surgeon, member of an advocacy group, mental health professional, gender studies student, etc...)

Social Worker

5. Do GPs accept trans patients?

Yes

Unknown

6. If your answer above is positive, are GPs willing to initiate hormone treatment?

Yes

7. If your answer above is positive, are those services provided in...

Urban setting?

Rural setting?

8. Are there GPs who specialize in trans health care?

No

9. If your answer above is positive, are those services provided in...

No Response

10. If your answer is negative, where are trans clients referred?

There is currently on registry of GPs providing health care to trans clients. It can be difficult to know where to refer folks or whom they can contact directly.

11. Is there trans health training offered to health professionals interested in trans health?

No

There is no regular training offered. There were a couple of training sessions in St. John's NL in the past, organized through CPATH. The last workshop was held in December 2010.

12. Is there a "community of practice" of health professionals (by that we mean the health professionals serving trans communities getting together to exchange referrals, knowledge and support)?

Yes

Eastern Health has a network of providers

13. Are the following health professionals seeing trans clients/patients?

	Yes	No
Psychiatrists	X	
Psychologists	X	
Counselors	X	
Social Workers	X	

Comments:

14. If yes, how many of these professionals see trans clients/patients? (approx. is OK)

No Response

15. If yes, is it privately or publicly funded?

	Private pay	Public pay
Psychiatrists		X
Psychologists	X	X
Counselors	X	X
Social Workers	X	X

Comments:

16. If yes, is there a yearly quota imposed by the health ministry on how many clients/patients will be covered, if so, how many?

No Response

17. Do these professionals write letters of support for hormone therapy or surgery?

Yes

18. Are Surgical Reassignment Surgeries performed in your province?

	Yes	No
Mastectomy with chest contouring		X
Mastectomy without chest contouring		X
Hysterectomy		
Oophorectomy		X
Metaoidioplasty		X
Phalloplasty		X
Breast augmentation		X
Tracheal shaving		X
Facial feminization		X
Penectomy		X

Orchiectomy	X
Vaginoplasty	X

Comments:

19. If yes, are these surgeries privately or publicly funded?

No Response

20. If SRS are publicly funded, are there clients sent out of province or country for their surgeries, which ones?

	Yes	No
Mastectomy with chest contouring		
Mastectomy without chest contouring	X	
Hysterectomy		
Oophorectomy	X	
Metaoidioplasty		
Phalloplasty		
Breast augmentation		
Tracheal shaving		
Facial feminization		
Penectomy	X	
Orchiectomy	X	
Vaginoplasty	X	

Comments:

21. If SRS are publicly funded, and clients/patients wish to go out of province or country, is this permitted?

	Yes	No
Mastectomy with chest contouring		
Mastectomy without chest contouring	X	
Hysterectomy		
Oophorectomy	X	
Metaoidioplasty		
Phalloplasty		
Breast augmentation		
Tracheal shaving		
Facial feminization		

Penectomy	X
Orchiectomy	X
Vaginoplasty	X

Additional comments?: NL requires assessment for surgery at CAMH. When surgery is recommended by CAMH the following procedures can be insured: hysterectomy, bilateral salpingo-oophorectomy, vaginectomy, scrotoplasty, mastectomy, penectomy, orchidectomy, vaginoplasty, clitoroplasty, labiaplasty. The province does not cover surgeries performed in Canadian private clinics. If a specific procedure on the above list is not available within the publicly funded health care system in Canada, application for coverage of out-of-province surgery can be made to MCP by the patient's specialist physician on a prior approval basis.

22. If SRS are publicly funded, is there a yearly quota imposed by the health ministry on how many surgeries will be covered, if so, how many?

No Response

23. Do trans patients/clients have access to post-surgery (SRS) care?

	Yes	No
GPs	X	
Emergency room	X	
Urologist		
Gynecologist	X	
Surgeon		

Comments:

24. Are there endocrinologists seeing trans patients?

No

25. Where are endocrinological referrals sent if not available in your province?

Unknown

26. Are there speech therapists seeing trans patients?

	Yes	No
FTM	X	
MTF	X	

Comments:

27. If your answer above is positive, is the service private pay or is it publicly funded?

	Private pay	Publicly funded
FTM		X
MTF		X

Comments:

28. Are there health professionals accepting referrals for gender independent (gender non-conforming) children and adolescents?

Yes

29. Are puberty blockers being prescribed?

	Yes	No
GPs		X
Pediatric Endocrinologists		X

Comments?:

30. Are there health care professionals who treat trans patients (children or adults) with reparative (or corrective) therapy?

No

31. Is electrolysis for transwomen privately or publicly funded?

Privately

32. Are hormone readiness assessments provided?

Yes

33. If hormone readiness assessments are available, are they provided in

Urban setting?

Rural setting?

34. If hormone readiness assessments are available, what is the protocol used?

WPATH SOC7

35. If hormone readiness assessments are available, how many health professionals provide them? (Approx. number OK)

No Response

36. If hormone readiness assessments are available, is RLE required?

No

WPATH Standards of Care available although approaches and expectations may vary. There are no formalized gender teams or models of care.

37. If hormone readiness assessments are available, are there any specific public insurance requirements?

No Response

38. If hormones readiness assessments are available, who provides them?

Psychologist?

Social worker?

Counselor?

Psychiatrist?

GPs

Sexologist

39. Are SRS readiness assessments provided?

No

40. If SRS readiness assessments are available, are they provided in

No Response

41. If SRS readiness assessments are available, what is the protocol used?

No Response

42. If SRS readiness assessments are available, how many health professionals provide them?
(Approx. number OK)

No Response

43. If SRS readiness assessments are available, is RLE required?

No Response

44. If SRS readiness assessments are available, are there any specific public insurance requirements?

No Response

45. If SRS readiness assessments are available, who provides them?

No Response

46. Are there trans peer support groups in your province?

Yes

There is at least one informal peer support group for trans men on Facebook but it is by invite only and it is not advertised.

47. Are these support groups professionally led or volunteer (non-professionally) led?

	Yes	No
Professionals		
Volunteers	X	

If yes, please share the name/s of the group/s and their contact info/website:

48. Are there support groups for gender independent (gender non-conforming) youth?

No

49. Are these support groups professionally led or volunteer (non-professionally) led?

No Response

50. Are there support groups for gender independent (gender non-conforming) children?

No

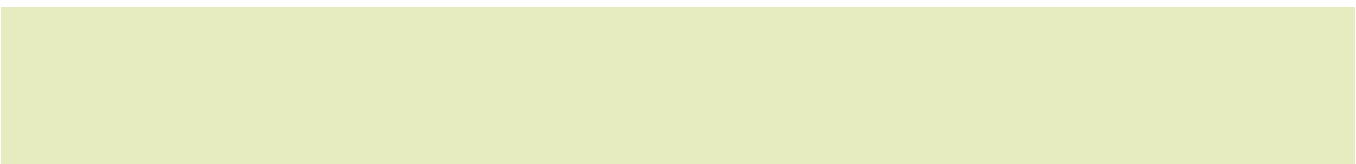
51. Are these support groups professionally led or volunteer (non-professionally) led?

No Response

52. Is there support for families and loved ones?

Yes

PFLAG Canada - St. John's NL Chapter Email: stjohsnl@pflagcanada.ca Website: www.pflagcanada.ca



53. Are these support groups professionally led or volunteer (non-professionally) led?

	Yes	No
Professionals		
Volunteers	X	

Comments:

54. Are there advocacy groups for trans human rights In your province?

	Yes	No
Grassroots organizations		X
Lawyers organizations		X

If yes, please share the name/s of the group/s and their contact info/website:

55. Do you have any more comments?

Planned Parenthood - NL Sexual Health Centre offers a LBGTQ Youth Group, a monthly social group and Camp Eclipse: OUT in the Woods, an annual leadership retreat. For info see: www.nlsexualhealthcentre.org

56. Is there trans Human Rights legislation being proposed?

No

57. Does your Education Ministry have LGBT anti-bullying policies in public schools?

Yes

58. Is there legislation that does not follow WPATH SOC v.7 being proposed?

No

59. Can FTM have the sex marker on their birth certificate changed?

Yes

Documentation confirming SRS completed.

60. Can MTF have the sex marker on their birth certificate changed?

Yes

Documentation confirming SRS completed.

61. Can FTM change the sex marker on their driver's license?

Yes

Birth certificate indicating male sex marker

62. Can MTF change the sex marker on their driver's license?

Yes

Birth certificate indicating female sex marker

63. Do you have an positive and ongoing relationship with "political" allies in your provincial legislature?

No Response

64. Is there other information and data you would have liked to see in this survey? If so, please share:

No Response

65. What are you doing in your province that is successful?

A number of trans individuals have been advocating for changes. Eastern Health has a Network of Providers. LGBTQ Youth Group and Camp Eclipse: OUT in the Woods through Planned Parenthood - NL Sexual Health Centre offer support, promote connections and contribute to visibility. PFLAG Canada - St. John's NL Chapter offers monthly support in St. John's and contact for province.

66. What are the next steps in expanding accessible competent trans health care in your province?

Training for physicians and other providers. Developing registry of providers. Formation of gender teams across province. Advocating for expansion of health services including eligible surgeries or procedures. Eliminating barriers to care including assessment at CAMH.