

Provincial Updates 2012 – Manitoba – Ian Whetter

September 15, 2012

1. The information you provide pertains to which province or territory?

Province or territory

Please select

MB

2. Indicate today's date

Month

Day

Year

Please select

September

15

2012

3. First and last name

Ian Whetter

4. Trans-related affiliation (e.g.: GP serving the trans communities, civil rights advocate or lawyer, social worker, surgeon, member of an advocacy group, mental health professional, gender studies student, etc...)

GP serving trans communities

5. Do GPs accept trans patients?

Yes

How many trans patients? About 200. How many accepting GPs? 3 with trans health Klinik. At least 10 others that I know about.

6. If your answer above is positive, are GPs willing to initiate hormone treatment?

Yes

7. If your answer above is positive, are those services provided in...

Urban setting?

8. Are there GPs who specialize in trans health care?

Yes

3

9. If your answer above is positive, are those services provided in...

urban settings?

10. If your answer is negative, where are trans clients referred?

No Response

11. Is there trans health training offered to health professionals interested in trans health?

Yes

Presentation at most recent Annual Scientific Assembly for the College of Family Physicians of Manitoba

12. Is there a "community of practice" of health professionals (by that we mean the health professionals serving trans communities getting together to exchange referrals, knowledge and support)?

Yes

Winnipeg

13. Are the following health professionals seeing trans clients/patients?

	Yes	No
Psychiatrists	X	
Psychologists	X	
Counselors	X	
Social Workers	X	

Comments:

14. If yes, how many of these professionals see trans clients/patients? (approx. is OK)

Psychiatrists - 6

Psychologists - 2

Counselors - 6

Social Workers - 2

15. If yes, is it privately or publicly funded?

	Private pay	Public pay
Psychiatrists		X
Psychologists		X
Counselors		X
Social Workers		X

Comments:

16. If yes, is there a yearly quota imposed by the health ministry on how many clients/patients will be covered, if so, how many?

No Response

17. Do these professionals write letters of support for hormone therapy or surgery?

Yes

18. Are Surgical Reassignment Surgeries performed in your province?

	Yes	No
Mastectomy with chest contouring	X	
Mastectomy without chest contouring	X	
Hysterectomy	X	
Oophorectomy	X	
Metaoidioplasty		X
Phalloplasty		X
Breast augmentation	X	

Facial feminization		X
Penectomy	X	
Orchiectomy	X	
Vaginoplasty	X	

Comments:

21. If SRS are publicly funded, and clients/patients wish to go out of province or country, is this permitted?

	Yes	No
Mastectomy with chest contouring		X
Mastectomy without chest contouring		X
Hysterectomy		X
Oophorectomy		X
Metaoidioplasty		X
Phalloplasty		X
Breast augmentation		X
Tracheal shaving		X
Facial feminization		X
Penectomy	X	
Orchiectomy	X	
Vaginoplasty	X	

Additional comments?:

22. If SRS are publicly funded, is there a yearly quota imposed by the health ministry on how many surgeries will be covered, if so, how many?

No Response

23. Do trans patients/clients have access to post-surgery (SRS) care?

	Yes	No
GPs	X	
Emergency room	X	
Urologist		X
Gynecologist		X
Surgeon		X

Comments:

24. Are there endocrinologists seeing trans patients?

Yes

3

25. Where are endocrinological referrals sent if not available in your province?

No Response

26. Are there speech therapists seeing trans patients?

	Yes	No
FTM	X	
MTF	X	

Comments:

27. If your answer above is positive, is the service private pay or is it publicly funded?

	Private pay	Publicly funded
FTM		X
MTF		X

Comments:

28. Are there health professionals accepting referrals for gender independent (gender non-conforming) children and adolescents?

Yes

4

29. Are puberty blockers being prescribed?

	Yes	No
GPs	X	
Pediatric Endocrinologists	X	

Comments?: There is a collaborative practice pediatric gender clinic with services provided by psychologist, psychiatrist, endocrinologist, nurse clinician who do the bulk of the prescribing, but GP's have prescribed with their advice.

30. Are there health care professionals who treat trans patients (children or adults) with reparative (or corrective) therapy?

No

31. Is electrolysis for transwomen privately or publicly funded?

Privately

32. Are hormone readiness assessments provided?

Yes

33. If hormone readiness assessments are available, are they provided in

Urban setting?

34. If hormone readiness assessments are available, what is the protocol used?

WPATH SOC7

35. If hormone readiness assessments are available, how many health professionals provide them? (Approx. number OK)

4

36. If hormone readiness assessments are available, is RLE required?

Yes

3 months

37. If hormone readiness assessments are available, are there any specific public insurance requirements?

No

38. If hormones readiness assessments are available, who provides them?

Psychologist?

GPs

39. Are SRS readiness assessments provided?

Yes

40. If SRS readiness assessments are available, are they provided in

Urban Setting?

41. If SRS readiness assessments are available, what is the protocol used?

WPATH SOC7

42. If SRS readiness assessments are available, how many health professionals provide them? (Approx. number OK)

4

43. If SRS readiness assessments are available, is RLE required?

Yes

1 year for genital surgery less for mastectomy, especially if hormone therapy resulting in physical changes that make patient a target for harassment/violence (i.e. beard and breasts)

44. If SRS readiness assessments are available, are there any specific public insurance requirements?

Yes

Currently must be completed by one particular psychologist AND one GP from the Trans Health Clinic

45. If SRS readiness assessments are available, who provides them?

Psychologist?

GPs

46. Are there trans peer support groups in your province?

Yes

Rainbow Resource Centre www.rainbowresourcecentre.org

47. Are these support groups professionally led or volunteer (non-professionally) led?

	Yes	No
Professionals		X
Volunteers	X	

If yes, please share the name/s of the group/s and their contact info/website:

48. Are there support groups for gender independent (gender non-conforming) youth?

?

49. Are these support groups professionally led or volunteer (non-professionally) led?

No Response

50. Are there support groups for gender independent (gender non-conforming) children?

?

51. Are these support groups professionally led or volunteer (non-professionally) led?

No Response

52. Is there support for families and loved ones?

?

53. Are these support groups professionally led or volunteer (non-professionally) led?

No Response

54. Are there advocacy groups for trans human rights in your province?

	Yes	No
Grassroots organizations	X	

Lawyers organizations

If yes, please share the name/s of the group/s and their contact info/website: Trans Health Network

55. Do you have any more comments?

No Response

56. Is there trans Human Rights legislation being proposed?

Yes

Currently a human rights challenge being heard

57. Does your Education Ministry have LGBT anti-bullying policies in public schools?

No Response

58. Is there legislation that does not follow WPATH SOC v.7 being proposed?

No Response

59. Can FTM have the sex marker on their birth certificate changed?

Yes

Gender affirming surgery

60. Can MTF have the sex marker on their birth certificate changed?

Yes

Gender affirming surgery

61. Can FTM change the sex marker on their driver's license?

Yes

Unclear

62. Can MTF change the sex marker on their driver's license?

Yes

Unclear

63. Do you have an positive and ongoing relationship with "political" allies in your provincial legislature?

Yes

64. Is there other information and data you would have liked to see in this survey? If so, please share:

No Response

65. What are you doing in your province that is successful?

Personal appeals of trans patients to MB health to have vaginoplasty, phalloplasty and metoidioplasty publicly funded have been successful. Building capacity for transgender primary care and linking those care providers in a network is just beginning.

66. What are the next steps in expanding accessible competent trans health care in your province?

We need to expand our capacity amongst GPs to assess for and prescribe hormone therapy. We need to expand our capacity amongst mental health care providers to assess for and recommend SRS. We need to improve our capacity for trans specific mental health support services, especially as related to the gender transition journey.