



BRITISH COLUMBIA TRANSEALTH SERVICES UPDATE 2008

Knudson G, Walthers L, Corneil T



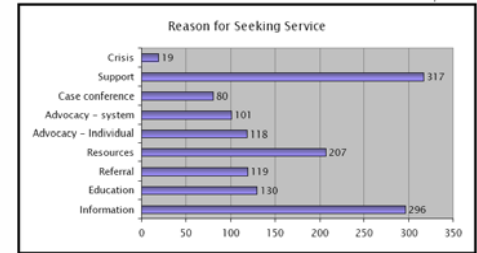
BC Health Care Coverage

| Types of Surgeries | % Coverage | Number Covered per Year |
|----------------------|-------------|--------------------------------|
| Bilateral mastectomy | 100% | No limit (15 approved in 2007) |
| Chest contouring | No coverage | None |
| Total hysterectomy | 100% | No limit (15 approved in 2007) |
| Phalloplasty | No coverage | None |

Trans Health Care Network or Providers in BC

| Organization or Individuals | Description of Services Provided | Contact Information |
|----------------------------------|--|--|
| Hormone Readiness Assessor Group | Group of health care providers that sees clients for counselling and hormone readiness assessments. This group includes social workers, nurses, advanced practice physicians, psychologists, psychiatrists, registered clinical counsellors and the coordinator of the Transgender Health Program. | Group leaders: gail.knudson@vch.ca oliver.robinow@vch.ca |

Reason for Seeking Service 2007



BC Health Care Coverage

| Types of Surgeries | % Coverage | Number Covered per Year |
|-----------------------------|---|---|
| Penectomy, Orchiectomy | 100%* 1K for stay in private hospital = plane fare covered by patient | No limit (9 approved in 2007 and 4 completed surgery that year) |
| Vaginoplasty | 100%* 1K for stay in private hospital = plane fare covered by patient | No limit (9 approved in 2007 and 4 completed surgery that year) |
| Facial and tracheal surgery | No coverage | None |
| Electrolysis | No coverage | None |

Number of Trans Patients Seen

| Type of Service | Total # Seen in 2007 | Comments |
|--------------------|----------------------|--|
| Counselling | 328 | 300 - Three Bridges and Ravensong GP's 28 - Dr. Melady Preece |
| Hormone Assessment | 144 | 125 - Three Bridges and Ravensong GP's 14 - Dr. Melady Preece |
| Surgery Assessment | 45 | 38 - Drs Knudson and Robinow for publicly funded surgery 7 - Dr. Preece for private surgery |

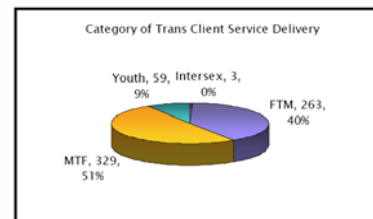
Advocacy

- What is new?
 - Letter writing campaign to Minister of Health regarding access to services
 - Appearances on radio, television advocating access to care (SRS program)
 - Feature articles in local and provincial newspapers advocating access to care (SRS program)

BC Health Care Coverage

| Requirements for surgery | Yes/No | Comments |
|--|------------|---|
| Does the PHCP designate what surgeons the trans person must see? | Yes | |
| Does the PHCP designate which psychiatrists/mental health professional the trans person must see for assessment? | Yes | Dr. Gail Knudson Dr. Oliver Robinow (they can also train psychologists to work with them, but the patient will have to pay for the psychologist's fee) |
| Does the PHCP follow WPATH SOC for RLE or another set of guidelines? | Yes and No | Yes - for genital surgery No - chest surgery is set at 1 year |

Category of Trans Client Service Delivery 2007



Research Update - BC

- What is being done?
 - Health Priorities in the Transgender Community
 - T. Sakakibara, M. Townsend, D. MacFarlane (presentation)
 - Impacts of Social Isolation and Oppression on the Health of Trans Men (FTM)
 - M. Greathart & B. McNeill (poster)
- What is planned?
 - CIHR Emerging Team Grant application pending
 - Voluntary database of TG people across the country measuring health indicators across time



PRAIRIES TRANSHEALTH SERVICES UPDATE 2008

Warneke L, Hendrickson D, Ireland L, Corneil T



Alberta Health Care Coverage

| Types of Surgeries | % Coverage | Comments |
|--|---------------|-----------------------------------|
| Hysterectomy | 100% coverage | Procedure must be done in Alberta |
| Breast Reduction/Male Chest Contouring | 100% coverage | Procedure must be done in Alberta |
| Cosmetic Procedures | No coverage | |

Saskatchewan Health Care Coverage

| Types of Surgeries | % Coverage | Number covered per year |
|---|--|-------------------------|
| Hysterectomies & orchidectomies | 100% coverage | 2 - 3 |
| Tracheal shave & chest wall surgeries | No reimbursement (done out-of-province) | - |
| Vaginoplasty & phalloplasty (must be assessed at Toronto Centre for Addictions & Mental Health) | Only covered for surgeon and anaesthetist fee (no pre/post care since it is provided in private hospitals) | 0 - 1 |

Manitoba Health Care Coverage

| Types of Surgeries* | % Coverage |
|---------------------|--|
| Orchidectomy | 100% for surgery if provided in approved hospital** Subsidies granted for travel expenses*** |
| Penectomy | As above |
| Vagioplasty | As above |
| Oophorectomy | As above |
| Mastectomy | As above |

Provincial Services Provided for Trans Community

| Name of Service/Organization | Contact Information | Comments |
|-----------------------------------|----------------------------|---|
| Gender Clinic, Grey Nuns Hospital | Dr. Warneke | Alberta Health will only accept recommendations from Dr. Warneke for funding for SRS |
| Clinic for SRS | Dr. Menard Dr. Brassard | Alberta Health funds 16-18 individuals a year to go to clinic in Montreal (includes all aspects of treatment, except personal expenses) |

Saskatchewan Health Care Coverage

| Requirements for surgery | Yes/No | Comments |
|--|--------|--|
| Does the PHCP designate what surgeons the trans person must see? | Yes | If patient expects part of vaginoplasty or phalloplasty cost reimbursed, currently must be seen by Toronto Clinic. |
| Does the PHCP designate which psychiatrists/mental health professional the trans person must see for assessment? | No | Not designated for assessment and follow-up |
| Does the PHCP follow WPATH SOC for RLE or another set of guidelines? | Yes | For reimbursement of vaginoplasty or phalloplasty, would need to follow guidelines used by Toronto Clinic |

Manitoba Health Care Coverage

| Requirements for surgery | Yes/No | Comments |
|--|--|--|
| Does the PHCP designate what surgeons the trans person must see? | No, not specifically | Must be within Canada at an approved hospital |
| Does the PHCP designate which psychiatrists/mental health professional the trans person must see for assessment? | Yes, Must be seen at a recognized gender identity clinic | *GRS is an insured benefit when it is recommended by a recognized gender identity clinic** MB health suggests CAMH as an example |
| Does the PHCP follow WPATH SOC for RLE or another set of guidelines? | Not WPATH | Follows recommendations provided by CAMH assessments which I believe is 2 years RLE |

Number of Trans Patients Seen (1996 - Present)

| Year Range | # Patients Seen | Comments |
|---------------------|-----------------|--|
| 1996 - 2001 | 85 | 68 Male to Female (80%) 17 Female to Male (20%) |
| 2001 - 2005 | 142 | 96 Male to Female (67%) 46 Female to Male (33%) |
| 2005 - 2008 | 138 | 99 Male to Female (71.7%) 39 Female to Male (28.3%) |
| Total # Seen | | |

Provincial Services Provided for Trans Community - Saskatchewan

| Name of Service/Organization | Description of Services Available | Contact Information |
|--|--|---|
| Internal Medicine Specialist | Transgendered hormone assessment and follow-up | Dr. Tom Wilson |
| Therapy & Support, Avenue Community Centre for Gender and Sexual Diversity | Offers phone contact and some individual therapy for trans persons Support groups are also available for those under 21 | Avenue Community Centre for Gender and Sexual Diversity |

Advocacy

What is new?

The Transgender Network group has been facilitating a letter writing campaign aimed at the Minister of Health & Healthy Living to address the gaps in funding and available resources in Manitoba for the transgender Community

What is planned?

Representatives from Manitoba Health, Winnipeg Regional Health Authority, Nine Circles Community Health Centre and the Rainbow Resource Centre met in May to discuss a proposed action plan to address concerns which were revealed by the survey *Nowhere Near Enough: A Needs Assessment of Health and Safety Services for Transgender and Two Spirit People in Manitoba and Northwestern Ontario*, (Jennifer Davis researcher)

Future meetings are planned.



TORONTO TRANSHEALTH SERVICES UPDATE 2008

Raj R, Hammond R

Ontario Health Care Coverage

| Types of Surgeries | % Coverage | Number Covered Per Year/Comments |
|---|--|--|
| In past (up until 1998): - Bi-lateral Mastectomy (male chest construction) - Pan-Hysterectomy - Orchiectomy (castration) - Vaginoplasty | 100% of surgical costs; uncertainty around coverage for ancillary and travel costs | Uncertain; Health Minister has quoted that 8-10 patients per year will receive Funding (through Centre for Addiction and Mental Health - CAMH) |
| Phalloplasty | No coverage | Except for one year only in late 1980s (pilot project review by CAMH GIC) |
| Breast augmentation | No coverage | |
| SRS | Covered | De-listed under OHIP in October 1998, re-listed in May 2008 |

Provincial Health Networks - Ontario

| Name of Service/Organization | Description of Services Available | Contact Information |
|------------------------------|---|---|
| Rainbow Health Network (RHN) | Networking; Listserves; Lobbying | www.rainbowhealth.ca Nick Mule, Chair nickm@look.ca |
| Rainbow Health Ontario | A partnership between Sherbourne Health Centre & Rainbow Health Network | Anna Travers, Director atravers@sherbourne.on.ca 416-324-4168 |

Provincial Services for Trans Community - Ontario

| Name of Service/Organization | Description of Services Available | Contact Information |
|---|---|---|
| Centre for Addiction and Mental Health (CAMH) - 2 gender identity clinics (one for adults and a separate one for children/adolescents) | Assessment for "Gender Identity Disorder" (sic) for trans people & gender variant youth | www.camh.net (Main centre based in Toronto with satellites across Ontario) |

Health Care Services for Trans Community - Toronto

| Name of Service/Organization | Description of Services Available | Contact Information |
|------------------------------|--|---|
| Sherbourne Health Centre | 3 client populations: homeless, LGBT, newcomers - Primary Care - Mental Health - LGBT Program (including Supporting Our Youth - SOY) - Newcomer Program - Health Bus - Infirmary - Chiropractic Clinic - Naturopathic Clinic | 333 Sherbourne Street Toronto, ON M5A 2S5 (416) 324-4100 www.sherbourne.on.ca info@sherbourne.on.ca |

Health Care Services for Trans Community - Toronto

| Name of Service/Organization | Description of Services Available | Contact Information |
|---|--|---|
| Health Centre at 410 St. Michael's Hospital | - Primary care only - no mental health services except for addictions counselling - About 50 + active trans clients | 410 Sherbourne St. Toronto, ON M4X 1K2 416-867-3728 www.stmichaelshospital.com |
| Catchment area: Ontario | | |
| Hassle Free Clinic | - Sexual & Reproductive health concerns only - In process of attempting to develop all-genders hours | 66 Gerrard Street East Toronto, ON M5B 1G3 Men: 416-922-0603 Women: 416-922-0566 www.hasslefreeclinic.org admin@hasslefreeclinic.org |

Health Care Services for Trans Community - Toronto

| Name of Service/Organization | Description of Services Available | Contact Information |
|---|--|--|
| David Kelley Services (Family Services Association) | - LGBT & HIV counselling/therapy services - New brochure series on partner abuse, incl: "Loves Me, Loves Me Not: A resource for trans people who may be wondering about their relationship" | 355 Church Street Toronto, ON M5B 1Z8 416-595-9618 |

Community Resources for Parents & Families - Toronto

Children's Aid Society of Toronto (Out and Proud Committee)

- March 2008, amendments made to "The Equitable Child Welfare Services Relating to Sexual Orientation and Gender Identity: Expression Policy."
- Gender affirming, transpositive, client-centered approach based on core values of:
 - Understanding gender
 - Valuing difference and diversity
 - Valuing the right to self-identify
 - Valuing self-determination
 - Anti-oppression framework
 - Affirmation
- New resource: "The Out and Proud Resource Manual: Effective Practice with Lesbian, Gay, Bisexual, Transsexual, Transgender, Intersex and Gender Non-Conforming Children and Youth"
- Lorraine Gale
Out and Proud Program Coordinator
(416) 924-4640 x2987
lgale@torontocas.ca, www.TorontoCAS.ca

Community Supports - Toronto

- The 519 Church Street Community Centre (www.the519.org)
 - Meal Trans - Monday night drop-in
 - Trans Access Project
 - FTM Safer Shelter Project
 - Trans Youth Toronto
 - Annual Trans Day of Remembrance
 - FTM/Transmen's Group
 - Fred Victor Centre (www.fredvictor.org)
 - Employment Resource Centre (Thrive, T-Girls)
 - Housing Program (incl. Trans Access Project)
 - Annual Trans Pride Day (with Sherbourne Health Centre)
- Also, see "Trans Pulse Project Resource Guide for Canadians" www.transpulse.ca

Research Update - Toronto

FTM Safe Shelter Project

Resulting recommendations include:

- City of Toronto must fund specialized shelter services to allocate beds for FTMs and other vulnerable men who are at severe risk of violence, undertake an anti-violence campaign in all shelters with a focus on men's shelters, utilize the expertise of shelters which are currently accessible to trans people, improve housing outcomes for FTMs, and fund the development of a best-practices model.
- Shelter providers must end discrimination, foster trans positive shelters, and support a system wide anti-violence campaign.
- The Province of Ontario must end discrimination, fund training, reduce service barriers, develop services for male survivors of abuse, and create a joint province-wide task force on improving shelter for vulnerable people.



ONTARIO TRANSHEALTH SERVICES UPDATE 2008

Seidl H, Raj R, Hammond R



Ontario Health Care Coverage

| Types of Surgeries | % Coverage | Number Covered Per Year/Comments |
|--|--|--|
| In past (up until 1998): - Bi-lateral Mastectomy (male chest construction) - Pan- Hysterectomy - Orchiectomy (castration) - Vaginoplasty | 100% of surgical costs; uncertainty around coverage for ancillary and travel costs | Uncertain. Health Minister has quoted that 8-10 patients per year will receive Funding (through Centre for Addiction and Mental Health - CAMH) |
| Phalloplasty | No coverage | Except for one year only in late 1980s (pilot project review by CAMH GIC) |
| Breast augmentation | No coverage | |
| SRS | Covered | De-listed under OHIP in October 1998, re-listed in May 2008 |

Clinical Services & Community Support - Kitchener, Waterloo, Hamilton

K-W Counseling Services (Kitchener, Waterloo)

- www.kwcounseling.com
- info@kwcounseling.com
- Brooke Young & Leah Newman (Transpositive Counselors)

Sir Wilfred Laurier University Rainbow Centre (Waterloo)

- www.mylaurier.ca/rainbow/info/home/htm

The Well: LGBT Community Wellness Centre of Hamilton

- www.thewellhamilton.ca, info@thewellhamilton.ca
- (905) 525-0300

Research Update - Ontario

Trans Pulse Project (www.transpulse.ca)

- Community-based research project initiated in Fall 2005 by Sherbourne Health Centre (SHC) to address lack of culturally competent trans care & transpositive social services for Ontarians outside of Toronto.
- Partners: SHC, 519 Community Centre, Ontario HIV Treatment Network, U. of Western Ontario & TG Station
- Awarded 2 research grants: \$10,000 from The Wellesley Institute & \$300,000 from Canadian Institute for Health Research
- Now in Phase II (2008-2009) of the 3-phase project.
- Investigative Committee (10), 2 staff members, Community Engagement Team (16 volunteers across Ontario)

Ontario Health Care Coverage

| Requirements for surgery | Yes/No | Comments |
|--|-----------|---|
| Does the PHCP designate what surgeons the trans person must see? | Uncertain | Health Minister has stated the Montreal clinic is where future patients will go. |
| Does the PHCP designate which psychiatrists/mental health professional the trans person must see for assessment? | Uncertain | Health Minister has noted that assessments will take place at CAMH Gender Identity Clinic; other assessors recognized by the PHCP may be possible in the future |
| Does the PHCP follow WPATH SOC for RLE or another set of guidelines? | No | Presently, CAMH's has its own guidelines; however most other assessors generally follow WPATH SOC |

Making a Difference Counselling & Consultation

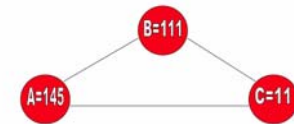
- 80% of clientele are transgender
- ~ 350 - 500 +
- Majority is face-to-face
- Increasing numbers are web cam
- No database of contact

- Counseling
- Psychiatry
- Hormones
- Surgery
- Education/Training

OTTAWA

Research

Seidl, H. (2008). Transgender: A study of quality of life Survey N = 145, B = open-ended questions at the end of the questionnaire, N = 111, and C = face-to-face interviews, N = 11



Other research together with Dr. Watson and the ROH is in the planning stage

Clinical Services - Outside Toronto

- Virtually lacking or desperately inadequate!
- Sparse mental health services in some cities
- Primary care services essentially unavailable in most cities (and scarce even in Ottawa)

Community Resources for Parents & Families - Ontario

Families in Transition:

A Resource Guide for Parents of Trans Youth

- Produced by Central Toronto Youth Services' Pride & Prejudice Program
- Addresses needs of parents & families supporting their trans children
- Available for \$10; free PDF available for download at www.ctys.org

Transceptance

- hosted by Sherbourne Health Centre
- transceptance_group@yahoo.ca

LGBT Parenting Network

- Partnership between Sherbourne Health Centre & The 519 Community Centre
- parentingnetwork@sherbourne.on.ca

Advocacy - Ontario

Trans Human Rights Campaign

(Rainbow Health Network's Trans Health Lobby Group)
www.transhumanrightscampaign.org
transhumanrightscampaign@yahoo.ca
 Susan Gapka (Chair): (416) 760-2776 (vm)

Transgender/Transsexual Policy Group

Human Rights Office, Queen's University, Kingston
www.queensu.ca/humanrights
hrights@post.queensu.ca

Trans Pulse Project

www.transpulse.ca
info@transpulse.ca
 1-877-54PULSE



QUEBEC TRANSHEALTH SERVICES UPDATE 2008

Susset F, Burke N



Québec Health Care Coverage

| Types of Surgeries | % Coverage | Comments |
|-------------------------------|----------------------------|--|
| Hysterectomy | 100% coverage | |
| Hormone Therapy | Covered, except for co-pay | |
| Electrolysis or Laser Therapy | No coverage | |
| Vaginoplasty/phallo/metoidio | All or nothing | - Only if referred by Human Sexuality Unit at Montreal General Hospital, or with a "good file" - Must first pay private sector for psych. eval. and services - If person qualifies, all expenses covered to Czech Republic or Thailand |

Community or Hospital Health Services provided for Trans Community

| Name of Service/ Organization | Description of Services Available | Contact Information |
|--|---|---------------------------------|
| ASSTeQ | Community-based support group: trans and cross-dressers | 514-847-0067, ext. 207 |
| Project 10 | Community-based LGBTTIQ youth support (ages 14-25) | www.p10.qc.ca 514-989-4585 |
| L'Association des transsexuel(le)s du Qc (ATQ) | Support group, phone line and referral services | www.atq1980.org 514-254-9038 |

Community or Hospital Health Services provided for Trans Community

| Name of Service/ Organization | Description of Services Available | Contact Information |
|-------------------------------|--|-------------------------|
| Tiresias-Québec | Support, networking and advocacy in Québec city area | www.tiresias-quebec.com |
| AlterHéros | online glbt resource: info and discussion group | www.alterheros.com |

Québec Health Care Coverage

| Requirements for surgery | Yes/No | Comments |
|--|----------------------------|---|
| Does the PHCP designate what surgeons the trans person must see? | No, but... | Human sexuality unit is the only approved referral source for genital SRS |
| Does the PHCP designate which psychiatrists/mental health professional the trans person must see for assessment? | No, except for genital SRS | Must be a specialist from the Human Sexuality Unit |
| Does the PHCP follow WPATH SOC for RLE or another set of guidelines? | No | |

Community or Hospital Health Services provided for Trans Community

| Name of Service/ Organization | Description of Services Available | Contact Information |
|--|--|------------------------------------|
| Montreal General Hospital (McGill University Hospital) | - Human sexuality unit - Assessment and MH services. | |
| Stella | Support and advocacy for sex-trade workers | www.chezstella.org 514-285-1599 |
| CTTQ- Coalition des transsexuel(le)s et transsexué(e)s du Qc | Coalition of Québec trans groups organising for political action | www.cttq.org |

Advocacy

What is new?

- Since January 2008, the Political Action Committee of the CTTQ has been bringing together trans service organizations to develop a series of common demands and an action plan around some of the pressing issues from trans people in Québec

- In April 2008, ASSTeQ received a 12 month grant for the Trans Health Network; will be working to train health and social service providers, and collaborating with the Political Action Committee to act on any strategic plan that the community develops

What is planned?

Lobbying , advocacy and more for changes at État civil (equivalent of Vital Statistics in ROC) and at RAMQ for increased access to publicly funded treatments for trans people

Trans Health Care Network or Providers in Québec

| Organization or Individuals | Description of Services Provided | Contact Information |
|---|--|--|
| Michel Campbell, Ph.D, Psychologist/ Sexologist | - Assessment for letters - Psychotherapy with individuals and couples | |
| Drs Brassard & Ménard | All types of SRS surgeries | www.grsmontreal.com 514-288-2097 |
| Françoise Susset, M.A. Psychologist | - Assessment for letters - Psychotherapy with individuals and couples | 514-279-0304 francoise.susset@gmail.com |

Community or Hospital Health Services provided for Trans Community

| Name of Service/ Organization | Description of Services Available | Contact Information |
|--|--|---|
| Head and Hands Clinic (ages 12-25) | - General health and soc. services. - Hormone therapy for trans youth over 18 (harm-reduction approach) | www.headandhands.ca 514-481-0277 |
| Montreal Children's Hospital (Child Development Program) | - Gender non-conforming children and their families - Hormone suppressant meds for trans teens | Dr. Shuvo Ghosh 514-412-4400 ext: 23072 shuvo.ghosh@muhc.mcgill.ca |

Research Update - Québec

• What is being done?

- Trans community organizations continue to build connections with the academic community in the hopes of encouraging scientific and social science research that is beneficial to trans communities.
- Independent research, Françoise Susset: Parents of gender non-conforming boys

• What is planned?



NEWFOUNDLAND TRANSHEALTH SERVICES UPDATE 2008

Deacon D



Newfoundland & Labrador Health Care Coverage

- Does the PHCP (provincial health care plan) cover surgeries?

Yes, with limitations.

Medical Care Insurance Insured Services Regulations
 Services Not Insured includes "plastic or other surgery for purely cosmetic purposes unless medically indicated" and, more specifically, "sex reassignment surgery, when not recommended by the Clarke Institute of Psychiatry"

Community or Hospital Health Services Provided for Trans Community

None.

Note: Two regional health authorities (Grenfell and Eastern) have done work in this area. Grenfell produced a report and recommendations; not implemented. Eastern is in process via Trans Health Working Group.

Advocacy

- What is new?
 - Eastern Health Working Group
 - PFLAG Canada St. John's Chapter
 - LGBT Youth Group
- What is planned?
 - Grass-roots organization of trans individuals
 - Community-based research
 - Support for EGALE Safe Schools survey

Newfoundland & Labrador Health Care Coverage

| Requirements for surgery | Yes/No | Comments |
|--|------------|---|
| Does the PHCP designate what surgeons the trans person must see? | No | |
| Does the PHCP designate which psychiatrists/mental health professional the trans person must see for assessment? | No | Except requirement for CAMH approval for reassignment surgery |
| Does the PHCP follow WPATH SOC for RLE or another set of guidelines? | Indirectly | As interpreted by CAMH |

Trans Health Care Network or Providers in NL

No formal networks in place.

Currently by referral and/or word of mouth on individual patient basis. Providers working with trans individuals on this basis include family practice physicians, psychiatrists, psychologists/social workers, clinical sexologist (Eastern Health).

Estimate by one provider that 7-10 individuals are being seen.

Research Update - Newfoundland & Labrador

- What is being done/planned?
 - Eastern Health literature review, clinical pathway, best practices (in progress)
 - PhD research in Division of Community Health and Humanities
 - Survey of family practice physicians re: attitudes, knowledge, and confidence in providing trans health services
- Key research needs:
 - Inventory of service providers
 - Needs assessment re: educational, clinical, attitudinal needs of providers
 - Best practice research around interprofessional patient-centered teams in trans health
 - Community-based research to determine common needs as well as needs unique to the provincial context

Government Goals

- Federal government
 - Human rights legislation
 - Funding for research
 - Funding support for community-based initiatives
- Provincial government
 - Revision of provision in MCP Act to provide clear guidance in coverage, more detailed list of services (counseling, support, hormonal, surgical)
 - Reconsideration of CAMH as sole avenue of approval for coverage
 - Establishment of a wider network of referral and treatment providers for medical, psychological, social, employment, and other support
 - Attention to needs of trans individuals in rural and remote areas
 - Attention to needs of trans youth, especially in K-12 and postsecondary education systems (EGALE safe schools survey)



NOVA SCOTIA & PEI TRANSHEALTH SERVICES UPDATE 2008

Oulton J



Nova Scotia – Health Care Coverage

| Types of Surgeries | % Coverage | Comments |
|--------------------------------|-------------|--|
| Hysterectomy | No coverage | Surgeries may be available for reasons other than Transgender Health, i.e. hysterectomy – for reasons of endometriosis, etc. |
| Hormone Therapy | No coverage | |
| Electrolysis or Laser Therapy | No coverage | |
| Vaginoplasty /phallo /metoidio | No coverage | |

Provincial Services Provided for Trans Community – Nova Scotia

| Name of Service/ Organization | Description of Services Available | Contact Information |
|-------------------------------|---|---|
| Youth Project | Provides support and services to lesbian, gay, bisexual and transgendered youth, 25 and under, across Nova Scotia Transformers: Transgender / Genderqueer social support group | Youth Project (sexual orientation, gender identity and youth) 429-5429 Brunswick St. Halifax, NS B3K 2Y9 Phone: (902) Fax: (902) 423-7735 youthproject@youthproject.ns.ca |

Number of Trans Patients Seen – Nova Scotia

| Type of Service | Total # Seen in 2007 | Comments |
|--------------------|------------------------|--|
| Counselling | 50+ (approx. estimate) | People are being seen in adult and youth/adolescent services, hospital and community (private) settings No clear data |
| Hormone Assessment | 30+ | No clear data |
| Surgery Assessment | 20 + ? | No clear data |

PEI – Health Care Coverage

- No coverage for any types of surgeries.
- Some individuals are seen out of province
- No stats are being recorded

Trans Health Care Network or Providers in Nova Scotia

| Name of Service/ Organization | Description of Services Available | Contact Information |
|---|---|---|
| pride Health | Strengthening an informal network of clinicians and community partners with an interest in transgender health | Jeanne Rokosh pride Health Capital Health/IWK, Primary Care ROKOSHJ@cdha.nshealth.ca |
| Nova Scotia Rainbow Action Project and pride Health | Addressing a range of medical and legal concerns (Adult, Youth, and Adolescents) | |

Advocacy - NS

- The BLT Group, an Empowerment group for Bisexual, Lesbian, Transgender women
 - Formed in 2007
 - Meets every two weeks in Halifax

Nova Scotia & PEI – Health Care Coverage

| Requirements for surgery | Yes/No | Comments |
|--|--|---|
| Does the PHCP designate what surgeons the trans person must see? | Transgender Health is not included in PHCP | No surgeries are supported through organized Health Care Services in Nova Scotia & PEI. |
| Does the PHCP designate which psychiatrists/mental health professional the trans person must see for assessment? | No inclusion in PHCP | No specific individuals assigned to work in this area in PEI |
| Does the PHCP follow WPATH SOC for RLE or another set of guidelines? | No inclusion in PHCP | |

Provincial and Community Services Provided for Trans Community – PEI

| Name of Service/ Organization | Description of Services Available | Contact Information |
|--|--|---|
| Abegweit Rainbow Collective, Charlottown | A community-based, volunteer organization committed to providing support, education & advocacy to bisexual, gay, lesbian, transgendered, two-spirited and questioning Islanders & their family and friends | (902) 894- 5776 or 1-877-380-5776 |
| Gay & Lesbian Information Line | PEI & NS | 1-800-566-2437 Saturday 5:30-9:30 pm |

Research and Education Update – Nova Scotia

• What is being done?

- Research:
 - *Transgender Health Needs Assessment Proposal*
- Education: Dr Gail Knudson
 - Dalhousie University Dept of Psychiatry – Grand Rounds
 - *Assessment of Hormone eligibility and Readiness for Persons with Gender Identity Disorder* (Two day Education event)